

**INSTRUCTIONS**

In the space provided, identify the degree in which the following characteristics or behaviors most accurately describes you at home or in the relationships with your loved ones.

**(THIS SIDE FIRST)**

**0 = not at all 1 = somewhat 2 = mostly; 3 = very much**

For more information and help visit [www.smalley.cc](http://www.smalley.cc).

# Personality Test

Column 1	Column 2	Column 3	Column 4
___ Likes control	___ Enthusiastic	___ Sensitive	___ Consistent
___ Confident	___ Visionary	___ Calm	___ Reserved
___ Firm	___ Energetic	___ Non-demanding	___ Practical
___ Likes challenge	___ Promoter	___ Enjoys routine	___ Factual
___ Problem solver	___ Mixes easily	___ Relational	___ Perfectionistic
___ Bold	___ Fun-loving	___ Adaptable	___ Detailed
___ Goal driven	___ Spontaneous	___ Thoughtful	___ Inquisitive
___ Strong willed	___ Likes new ideas	___ Patient	___ Persistent
___ Self-reliant	___ Optimistic	___ Good listener	___ Sensitive
___ Persistent	___ Takes risks	___ Loyal	___ Accurate
___ Takes charge	___ Motivator	___ Even-keeled	___ Controlled
___ Determined	___ Very verbal	___ Gives in	___ Predictable
___ Enterprising	___ Friendly	___ Indecisive	___ Orderly
___ Competitive	___ Popular	___ Dislikes change	___ Conscientious
___ Productive	___ Enjoys variety	___ Dry humor	___ Discerning
___ Purposeful	___ Group oriented	___ Sympathetic	___ Analytical
___ Adventurous	___ Initiator	___ Nurturing	___ Precise
___ Independent	___ Inspirational	___ Tolerant	___ Scheduled
___ Action oriented	___ Likes change	___ Peace maker	___ Deliberate
___ TOTAL SCORE	___ TOTAL SCORE	___ TOTAL SCORE	___ TOTAL SCORE

## Five Minute Personality Test

- **Lion-** This personality likes to lead. The lion is good at making decisions and is very goal-oriented. They enjoy challenges, difficult assignments, and opportunity for advancement. Because lions are thinking of the goal, they can step on people to reach it. Lions can be very aggressive and competitive. Lions must learn not to be too bossy or to take charge in other's affairs.  
Strength: Goal-oriented, strong, direct  
Struggles: Argumentative, too dictatorial  
Limitation: Doesn't understand that directness can hurt others, hard time expressing grace
- **Otter-** Otters are very social creature. Otter personalities love people. They enjoys being popular and influencing and motivating others. Otter can sometimes be hurt when people do not like them. Otter personalities usually have lots of friends, but not deep relationships. They love to goof-off. (They are notorious for messy rooms.) Otters like to hurry and finish jobs. (Jobs are not often done well.) The otter personality is like Tigger in Winnie The Pooh.  
Strength: People person, open, positive  
Struggles: Talks too much, too permissive  
Limitation: Remembering past commitments, follow through with discipline
- **Golden Retriever-** Good at making friends. Very loyal. Retriever personalities do not like big changes. They look for security. Can be very sensitive. Very caring. Has deep relationships, but usually only a couple of close friends. Wants to be loved by everyone. Looks for appreciation. Works best in a limited situation with a steady work pattern.  
Strength: Accommodating, calm, affirming  
Struggles: Indecisive, indifferent, unable to express emotional, too soft on other people  
Limitation: Seeing the need to be more assertive, holding others accountable
- **Beaver-** Organized. Beavers think that there is a right way to do everything and they want to do it exact that way. Beaver personalities are very creative. They desire to solve everything. Desire to take their time and do it right. Beavers do not like sudden changes. They need reassurance.  
Strength: High standards, order, respect  
Struggles: Unrealistic expectations of self & others, too perfect.  
Limitation: Seeing the optimistic side of things, expressing flexibility

**Column 1**



**Column 2**



**Column 3**



**Column 4**



**Total:** \_\_\_\_\_